

STUDY ABROAD PACKING GUIDE

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CLOTHING

- ☐ Shoes: water-resistant, hiking or walking shoes
- ☐ Pair of flip-flops
- ☐ Socks
- ☐ Underwear
- ☐ One professional outfit
- ☐ Bottoms: pants, skirts, shorts
- ☐ Tops: shirts, blouses, sweaters, sweatshirts
- ☐ Jacket or coat for various weather conditions
- ☐ Scarves and gloves
- ☐ Sleepwear or athletic wear (for exercising, sports)
- ☐ Swimsuit
- ☐ Face Masks
- ☐ Hat

DOCUMENTS

Please refer to your specific visa or travel process for documents or materials you will need to travel with. The below items are a general guidance for all students.

- ☐ Passport
- ☐ Photo ID
- ☐ Visa documents (if applicable)
- ☐ Flight Itinerary
- ☐ Boarding pass will be issued by the airline
- ☐ Copies of all credit/debit cards, passport and visa (and leave one set of copies at home)
- ☐ Health insurance card and documentation
- ☐ Emergency contact and arrival information

MISCELLANEOUS

- ☐ Laptop and charger
- ☐ Adapter and voltage converter
- ☐ Camera
- ☐ Phone
- ☐ Books, e-readers, and travel guides
- ☐ Reusable water bottle
- ☐ Duffle bag or backpack
- ☐ Towel and washcloth
- ☐ Flashlight
- ☐ Small umbrella
- ☐ Scientific calculator (applicable to certain courses)
- ☐ (Optional) a small amount of local currency
- ☐ Textbooks (if applicable)

MEDICINE AND TOILETRIES

- ☐ Prescription Medicine
Check international regulations; verify what documentation you need to legally transport your prescription. Consult with your doctor about obtaining a supply of all medications for the duration of the program.
- ☐ Over-the-counter medicine (check travel regulations)
- ☐ Comb or brush
- ☐ Travel-sized toiletries and cosmetics
- ☐ Deodorant
- ☐ Feminine hygiene products
- ☐ Razors and nail clippers
- ☐ Extra eyeglasses and sunglasses

NOTES

